



Neurodiversity

Educational resources
April 2023



Canadian Centre for Diversity and Inclusion
Centre canadien pour la diversité et l'inclusion

www.ccdi.ca

Educational resources on neurodiversity

The concept of neurodiversity was coined by Judy Singer, a sociologist on the autism spectrum, in the 1990's. The idea behind neurodiversity is that it is acceptable for people to have brains that function differently, and that there is not a “right” way to think, learn, and behave. In this way, the movement calls on society to adjust to neurodivergence (differences in brain function) rather than the other way around. Neurodiversity generally includes people with autism, ADHD, OCD, dyspraxia, dyslexia, dyscalculia, or Tourette's, but others may also identify with the term. People who are neurodivergent may or may not consider themselves to have a disability.

Neurodivergence and disability are separate concepts, but it is important to acknowledge both, and the challenges faced by many individuals in navigating a world that wasn't built with neurodivergence in mind.



CCDI WEBINARS

The following webinars were delivered previously, and recorded versions can be accessed via CCDI's Knowledge Repository. If your organization is a [CCDI Employer Partner](#), you and your colleagues can visit the [Knowledge Repository portal](#) to register for access (using a work email address) and login credentials will be sent via e-mail (check Inbox and Junk Mail folder just in case).

Log into Knowledge Repository and click on the links below to view each webinar:

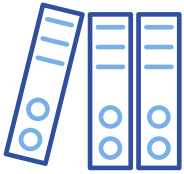
Bilingual

- [Neurodiversity: Strategies for creating a neurodiverse organization / Neurodiversité : stratégies pour la création d'une entreprise neurodiversifiée](#) (2022)

English only

- [Accessibility - Navigating a world filled with barriers](#) (2019)
- [Accommodations - The ultimate checklist](#) (2020)
- [Pour être défenseur\(e\) des droits des personnes handicapées](#) (2018)

Please view a [schedule and descriptions of our upcoming webinars](#) to be delivered live (recorded versions will be accessible via CCDI's Knowledge Repository shortly thereafter). If your organization is a CCDI Employer Partner, you and your colleagues can register and attend for free. If your organization is not currently a CCDI Employer Partner and you are interested in joining, you can [learn more about partnership and submit an inquiry here](#).



ARTICLES, REPORTS, AND TOOLS

Bilingual

- [Advocacy: Employment \(PDF\) / L'action revendicatrice : l'emploi \(PDF\)](#), Autism Ontario
- [Building Workplaces Where Neurodivergent Workers Thrive / Créer des milieux de travail où les travailleurs neuroatypiques s'épanouissent](#), The Conference Board of Canada
- [Embracing Neurodiversity at work: How Canadians with Autism can help employers close the talent gap \(PDF\) / S'ouvrir à la neurodiversité au travail : comment les Canadiens atteints d'autisme peuvent aider les employeurs à combler la pénurie de talents \(PDF\)](#), Deloitte and auticon Canada
- [Neurodiversity and inclusion in the workplace / Neurodiversité et inclusion en milieu de travail](#), Maple
- [Neurodiversity as a Competitive Advantage / Faire de la neurodiversité un avantage compétitif](#), Harvard Business Review
- [Neurodiversity as a vector of creativity and innovation / La neurodiversité comme vecteur de créativité et d'innovation](#), Maison de l'innovation sociale
- [Neurodiversity In The Workplace: Best Practices For Inclusion / Neurodiversité en milieu de travail : pratiques optimales en matière d'inclusion](#), Borden Ladner Gervais LLP
- [Resources for Employers / Ressources pour les employeurs](#), The Inclusive Workplace
- [Supporting neurodiversity in the workplace / Soutenir la neurodiversité au travail](#), Lumino Health

English only

- [A rising tide lifts all boats](#), Deloitte
- [CHRO Insights Series Report: Neurodiversity](#), One Mind at Work
- [Is Your Workplace Supporting Neurodiverse Employees?](#) Canadian Business
- [Neurodiversity at work](#), National Institute of Economic and Social Research
- [Neurodiversity: A Workforce Asset \(Webinar\)](#), Canadian Association for Supported Employment
- [Resources for Employers](#), Neurodiversity Hub

French only

- [Accès à l'emploi: encore de nombreux obstacles pour la communauté autiste](#), Le journal de Québec
- [Explique-moi la neurodiversité](#), A(s)typic
- [La neurodiversité : un aspect négligé de la diversité en ressources humaines](#), CRHA
- [Neurotypiques et neuroatypiques : la neurodiversité en formation](#), CRHA



BOOKS

CCDI encourages you to check with your local bookstore or municipal library for availability of these publications.

Bilingual

- An Unquiet Mind / De l'exaltation à la dépression (Kay Redfield Jamison)
- Invisible Differences / La différence invisible (Mademoiselle Caroline and Julie Dachez)
- Life, Animated: A Story of Sidekicks, Heroes, and Autism / Une vie animée : le destin inouï d'un enfant autiste (Ron Suskind)
- Neurotribes: The Legacy of Autism and the Future of Neurodiversity / Neuro-Tribus (Steve Silberman)
- The Reason I Jump / Sais-tu pourquoi je saute ? (Naoki Higashida)
- Turtles all the Way Down / Tortues à l'infini (John Green)

English only

- All The Weight of Our Dreams (Lydia Brown, E. Ashkenazy, Morenike Giwa Onaiwu)
- Divergent Mind: Thriving in A World That Wasn't Designed for You (Jenara Nerenberg)
- Just Checking (Emily Colas)
- Let's Pretend This Never Happened (Jenny Lawson)
- Loud Hands: Autistic People, Speaking (Julia Bascom)
- Odd Girl Out: My Extraordinary Autistic Life (Laura James)
- On the Edge of Gone (Corinne Duyvis)
- Pretend to read this book to avoid talking to strangers (Cassie Bailey)
- The Power of Neurodiversity: Unleashing the Advantages of Your Differently Wired Brain (Thomas Armstrong)
- The Secret Life of a Black Aspie (Anand Prahlad)
- Uniquely Human: A Different Way of Seeing Autism (Barry M. Prizant)

French only

- « Nathanaël » (Charlie Renaud)
- L'autisme expliqué par un artiste (Thibaud Moulas)



FILM AND TELEVISION

Please note: There may be a cost related to watching this content and CCDI is not responsible for those costs.

English only

- [A is for Autism](#) (Vimeo)
- [A Simple Date](#) (YouTube)
- [Everything's Gonna be Okay](#) (Apple TV)
- [Keep the Change](#) (YouTube)
- [Lady Dynamite](#) (Netflix)
- [Life, Animated](#) (Apple TV)
- [Scrapbook](#) (Vimeo)
- [The Mask](#) (Vimeo)
- [The Reason I Jump](#) (Apple TV)

French only

- [Elle s'appelle Sabine](#) (AlloCiné)
- [Hors normes](#) (Crave)



TED TALKS

Please note: French links are for the original Ted Talk with French subtitles and/or French transcript.

Bilingual

- [Debunking the myths of OCD / Démystifier les mythes sur les TOC](#) (Dr. Natascha M. Santos)
- [The forgotten history of autism / L'histoire oubliée de l'autisme](#) (Steve Silberman)
- [The world needs all kinds of minds / Le monde a besoin de toutes sortes d'esprits](#) (Temple Grandin)
- [What is dyslexia? / Qu'est-ce que la dyslexie ?](#) (Kelli Sandman-Hurley)

English only

- [How I turned my Tourette's tics into art](#) (Jess Thom)
- [This is what it's really like to live with ADHD](#) (Jessica McCabe)



PODCASTS

English only

- [Chats with Two Dyslexics](#)
- [Exploring Different Brains](#)
- [Neurodivergent Moments](#)
- [Neuroverse](#)
- [Noncompliant](#)
- [Spectrumly Speaking](#)
- [The Neurodiversity Podcast](#)
- [The OCD Stories](#)

French only

- [Les Neurodivertissantes](#)
- [Raccords : Parcours d'une neuroatypique en quête d'un terrain d'épanouissement inclusif](#)



INSTAGRAM ACCOUNTS

CCDI is not responsible for the content posted by any of these accounts.

- [@adhd_butterfly](#)
- [@autismcanada](#)
- [@autistic_callum_](#)
- [@dyscalculiablog](#)
- [@dyslexiaida](#)
- [@iampayingattention](#)
- [@madebydyslexia](#)
- [@notjustclumsy](#)
- [@the_mini_adhd_coach](#)
- [@the_ocdproject](#)
- [@this.tourettes.guy](#)
- [@tourettecanada](#)

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